

ADELAIDE BUSH WALKERS

Tandanya



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Tandanya

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"Takes you places"

To be wild is not to be crazy or psychotic. True wildness is a love of nature, a delight in silence, a voice free to say spontaneous things, and an exuberant curiosity in the face of the unknown.
Robert Bly

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The Magic of the Loch

By David Wattchow
(aka "old trout")



There might be many lochs in Scotland, but the only one I know of in SA is Loch Luna, in the Riverland. This trip, centred on the loch, commenced in Moorook where a motley bunch of canoeists assembled in early October and headed off upstream to look for Blackfellow's Creek. A strong tail breeze negated the flow, which was considerable and promised that the backwaters would be flooded and open. After probing around we eventually found this pleasant creek and paddled up it for several kms, before reeds closed it off.

Turning back we (David and Margaret Wattchow, Trevor and Lindy May and Paul Godfrey), pulled into a delightful lagoon, being chorused by a cacophony of "banjo" frogs. A moment's thought would have wondered where they were getting all their food from – i.e. mosquito larvae – and they turned up in droves, driving us into the tents for an early night.

Next day we exited the creek back to the main river, then shortly upstream to Spectacle Lakes system. We portaged the regulator and entered a rarely explored waterway. Conditions were mild and overcast and luckily the wind had dropped. The water was up, but we could not get to the lakes themselves, barred off by a forbidding electric fence. We meandered amongst the recesses of the lake, coming back to the regulator then scooting off downstream. A trip back into Moorook to get extra supplies of insect repellent was marred by speedboats throwing up a considerable wake that required us to head the boats into the waves to avoid a swamping.

We found a nice camp in the Game Reserve – also backing onto Wachtel's lagoon, with more frogs, and more mozzies (we dubbed this "Mozzie Central"). A spectacular sunset along the main river capped off another early night.



Bow Draw

We now barrelled down the main with the flow, probing a few side creeks and Cobdogla lagoon. We were to meet Sharon and Trev Moyle at Kingston on Murray and arrived there just before lunch, sweeping past the lagoon, under the Sturt Highway, past Thurk Island then into the town. Now a mighty force of 7, we paddled on to Lock 3, chatting to the lockmaster as he let us through. The river took us quickly down to Overland Corner where the campsite was rather ordinary, but close access to visit the historic hotel for a drink and dinner in the secluded gardens. No dehyds this evening!!

Trev (T1) and Lindy went back upstream to the Lock, and the rest of us went shortly downstream past the cliffs, and into Banrock Creek. This was flowing with the high water, and at one point crossed a road forming a fast water race that was quite challenging. But it “went” and soon we were in the main stream with a strong tail wind whipping up waves and driving us past Ball island and back to the Lock. It was windier in the lock chamber this time, and we hung on to the ladder rungs that come down the lock walls.

Just after the lock exit one enters the

upper sections of Loch Luna. The wind was really getting up now, forming white caps on the lake. This was a rather exciting ride to a campsite on the bank, and we were glad to pull off the water as a swamping was on the cards. A lazy afternoon followed as the wind reached about 60 k/hr (we judged), turning the loch into a maelstrom. It was hard to find shelter as plumes of dust filled the air. Quite a contrast to a previous trip when Trev Moyle and I had seen lots of bird life – there was none now, all blown out. But in general the birds were dissipated across the flooded country. We did see some families of swans and pelicans, and some azure blue kingfishers.

Eventually it died down a bit, and we had a nice fire and shelter behind the lignums. It was much more sheltered in the backwaters of the Loch, and we explored all the creeks running upstream from the camp (the most Easterly ends up in a dead end amongst reeds). Detouring around SugarLoaf Hill we entered a rather gooey lagoon, pulling off for lunch at Chamber's Creek. It made more sense to come back via the Southern section, which does come quite close to the Sturt Highway thus giving quite a contrast between the serene waters of the Loch, and big interstate trucks thundering along the highway. We found a third waterway in this area, taking us back to the camp early and another lazy afternoon.

Paul Godfrey and I struck up a repartee based on Biggles (the fictitious WW1 British flying ace). Terms such as “old bean”, “old trout”, and “old sponge” were bandied about, along with “sizzling sautes”, “we got the blighter” and “I’ll be deuced”. Not a great deal of sense is



Old Trout



The Enforcer

spoken on these trips, though another good night around the campfire ensued. It remained to paddle out via the delightful Nockburra Creek to the main river, then back to Kingston on Murray to get Trev's car. I managed to demonstrate the slippery nature of the river mud on the water's edge, taking a dunking. All finished up well though, concluding an exploration of this wonderful area with good friends and close to Adelaide.



Mozzie Central



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Kangaroo Island Wilderness Trail

By John Bartlett



This superb long-distance walking trail in Flinders Chase National Park (known as “KIWT”) was opened in October 2016, was set up by Government of South Australia, and is under the control of National Parks South Australia. Facilities are exceptional, signage and associated literature are very good: in other words, the trail has been established to high standards, and in an area of great beauty.

Of special note is the sculptural nature of the well designed signs, gates, connection brackets on the campsite buildings, seats and benches.

The trail has been designed to be walked in five days, anticlockwise, with elaborate campgrounds at the end of the first four stages. The trail proper is 61km long, and with a few optional side trips, the length can extend to about 70km

Usual options to do the whole walk are:

- Camp at the four campsites – registration fee to NPSA \$161.
- Use the bus as below for start and finish.
- Stay at Western KI Caravan Park (WKICP), about 6km east of Flinders Chase NP Visitor Centre. and be taken to the start and finish of each day’s walk by the WKICP ‘s 13 seat mini-bus – registration fee to NPSA \$85, and \$22 per day for bus.

- Camp at the four campsites, carry day packs and arrange for the bus to deliver and retrieve camping gear at each campground.

The registration fee includes a 1:35,000 map and an excellent 133 page book, A5 size.

In addition to the above costs, there are ferry, travelling and accommodation costs.

To make contact with the caravan park to arrange pick-up at the end of a day’s walk, either a satellite phone or standard mobile phone are used, depending on location of the campsite.

On the walk, there is spectacular coastal scenery and great variety in vegetation, wildlife and rock formations. A disastrous bushfire swept through the National Park in 2007. Regrowth since then has been amazing. Coastal heath, scrub, woodland and forest are now all lush and dense depending on soil conditions and the presence of rock.

The Walk:

For the days leading up to Easter 2017 (April 8 – 13), I organised the KIWT walk, and there were 12 in the group of ABW members – Melanie Jackson, Roger Kempson, Bruce Marriott, Bonnie Marriott, Bob Geary, Zoe Heinsen, John Glover, Jenny Donovan, Fiona Blinco, Jane Goodwin, Brendan Gore and

Bearing in mind that some of us had not met before the trip, it turned out to be a very friendly and happy group. We all stayed at WKICP in a mixture of cabins, tents and a campervan, with the owners of the caravan park Mark and Fiona Jago being very accommodating, friendly and helpful.

For the whole trip, the weather was very good, with no wind, temperatures in the low 20's, and the last three days mainly cloudless – wonderful weather for a walk of this calibre. The group used the bus to the start and from the finish of each day's walk. A few other groups walked the trail at the same stages as us including a large group of Year 11 students from Victor Harbor High School.

Saturday 8th April

The bulk of the party took the 10am ferry from Cape Jervis and by late afternoon, all of us had settled in at WKICP.

Sunday 9th April

Starting at Flinders Chase NP Visitor Centre, the walk of 12.2km plus a small circuit of Platypus Waterholes took us through dense scrub with many wild flowers in bloom.

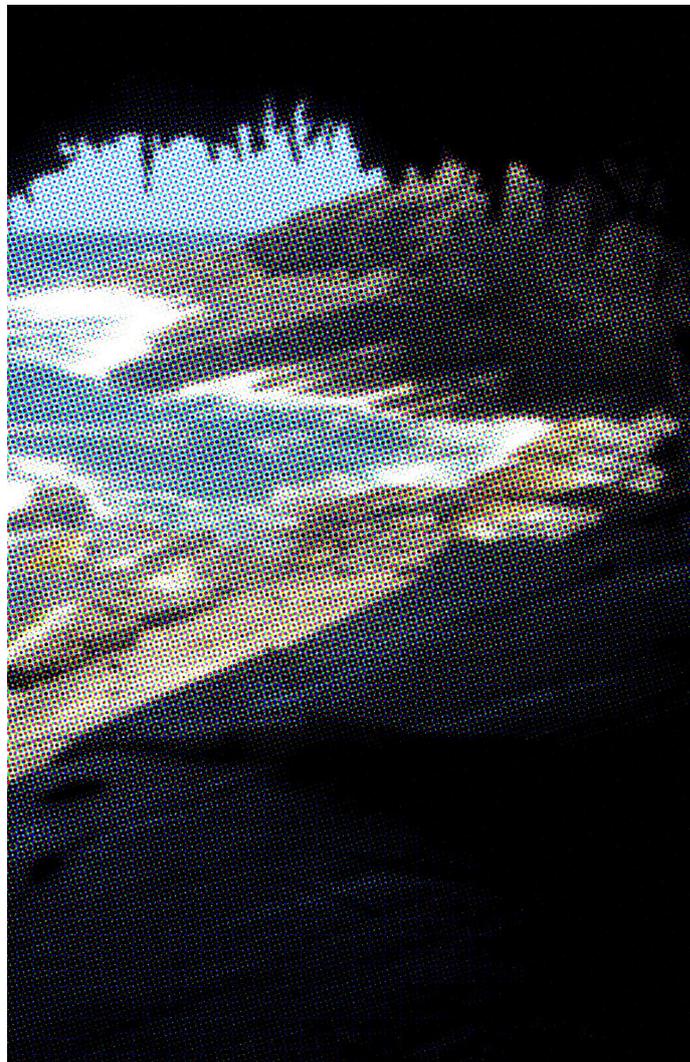
Not even bubbles from a platypus at the waterholes were spotted – we were there at the wrong time of day. Rocky River was followed downstream, with a rest stop at the picturesque The Cascades – no water flow at this time of year.

This day's walk finished at Cup Gum Campsite where the bus awaited us to take us back to the caravan park. A short side trip to Snake Lagoon was available, but was not taken.

As a gesture to get to know each other better, Fiona prepared a Chamma Masala meal for all, which we enjoyed around a big table in the Camp Kitchen. Mark kindly set the fire going for our benefit.

Monday 10th April

From Cup Gum Campsite, the track continued down Rocky River 1.5km to the sea, where the mouth was very open and rocky.



Campsite facilities



The coast was then followed South along cliff tops, with the sight of Cape du Couedic lighthouse progressively getting nearer and nearer. A cairn along the way commemorates the wreck of the ship Loch Sloy in 1899. Along this clifftop walk as well as those along the South coast two days later, portions of the track are very rough due to all the limestone, making progress slow and tiring, but the views were great and the coastal heath is dense and interesting, with many plants seen in a prostrate windblown formwork, and the campsite is set in dense scrub. Walk distance this day was 14.1km.



In 1899, the Loch Sloy overran her distance when trying to pick up the light at Cape Borda and was wrecked on Brothers Rocks, about 300 metres from shore off Maupertuis Bay.

Tuesday 11th April

The walk along the KIWT this day was 13km, but those who started walking at Admirals Arch walked an extra 4km to get back to the KIWT, while the whole party walked an extra 2km for the Remarkable Rocks side trip. Seven from the party had the bus take them to the lighthouse area so they could visit Admirals Arch, leaving camp an hour earlier than the rest. The remaining four were taken back to Hakea Campsite and then walked on to Remarkable Rocks through mostly dense scrub.

Eventually the whole party met up at Remarkable Rocks for lunch - lots of tourists there, justifiably so because the weathered granite rocks are truly "remarkable", being perched on top of a great granite headland.

After lunch at this magnificent spot on a glorious mild, clear day, we walked on along clifftops and through scrub to Banksia Campsite, then bus back to camp. As we walked Eastwards from Remarkable Rocks on their prominent rocky granite headland, it was fascinating to see them receding into the distance – a sight not seen by the average tourist.

Wednesday 12th April

A portion of the party back-tracked and took a short spur track to visit Sanderson Beach, but

soon caught up with the rest of the party.

From Banksia Campsite, the track followed the clifftops on a rough limestone surface, but soon went inland through scrub to a simple boat crossing of the South West River, very tidal there. During a lunch stop here, a few went over the dunes to have a look at Hanson Bay Beach.

Cleared ground was reached before we arrived at the end of a 13.3km trail walk to Tea Tree Campsite. This area was cleared more than 100 years ago by the small Edwards family. Their restored cottage is nearby, and a portion of their cleared land has been painfully re-vegetated successfully, but there is a lot more to do. The bare land provides an artificial pasture for the many kangaroos in the area.

For the last night during the walk, we had dinner in the Nicholas Baudin Room of nearby Kangaroo Island Wilderness Retreat – a good occasion for more fellowship within the group.

Thursday 13th April

As nearly all of us were to catch the 4.30pm ferry from Penneshaw, everyone packed up early so we could head off after a short walk of 7.6km to finish KIWT at Kelly Hill Caves. This last stage was totally in the shade of light woodland, with great interest added to the

walk by passing both Wilderness Lagoon and Grassdale Lagoon - very still waters, great reflections and plenty of water birds. The end of this wonderful walk came at just on noon as we passed through the sculptured rusting steel finishing gate which announces:

“Kangaroo Island Wilderness Trail Finish 65km”.

Then the final trip in the bus back to WKICP where we did a final pack up, said farewell to our host Mark, then off to the ferry, but on the way, most of us stopped at a cafe in Kingscote for a good old fashioned fish and chips lunch.

The ferry crossing was very calm, with the low-angle sun lighting up the Southern tip of Fleurieu Peninsula.

FINALLY

I have led many walks in my 37years in ABW, and this has to go down as one of the best.

It is essentially an easy walk, with not much undulation, but in one of the most spectacular coastal areas in the state. To top it all off, the companionship was great.



Cape du Couedic lighthouse

WOOLLEN BALACLAVA

Reference:- Patons Knitting Book No. 316
 Materials:- 4 oz. Patons Totem Knitting Wool.
 "Parfrey" knitting needles. One set of four No. 6 (measured on Beehive Needle Gauge)
 Tension:- 11 stitches to 2" width. This is important.



Cast on 100 stitches, 36 on first needle and 32 on second and third needles.

1st round.—* K.2, P.2, repeat from * to end of round.
 Repeat 1st round for 6 ins.

STOP! Have you checked your tension?

To make opening for face:—

In next round, K.2, cast off 22 sts., continue in rib to end of round.

Work backwards and forwards on remaining 78 sts. as follows:—

1st row.— K.1, P.1, * K.2, P.2, repeat from * to last 4 sts.,

2nd row.—* K.2, P.2, repeat from * to last 2 sts., K.2.

Repeat 1st and 2nd rows five times, casting on 22 sts. at end of last row.

Divide sts. evenly on to three needles as before.

Continue working in rounds of (K.2, P.2) for 4 ins.

Shape for crown as follows:—

1st round.—* K.18, K.2 tog., repeat from * to end of round.

2nd and alternate rounds.— Knit plain.

3rd round.—* K.17, K.2 tog., repeat from * to end of round.

5th round.—* K.16, K.2 tog., repeat from * to end of round.

Continue in this manner, decreasing in every alternate round, until 25 sts. remain.

Break off wool, run end through remaining sts., draw up, and fasten off securely.

With a slightly damp cloth and warm iron press lightly.

NOTE: Before commencing work, always check your tension by knitting a small square, using wool and size of needles given in the recipe.

Make you own balaclava, contributed by Helen Davies

That's not a balaclava....
 THIS is a balaclava!



Sir Douglas Mawson's Balaclava

Obituary Paul Feinler

8 November 1959-13 March 2017

Paul joined the Adelaide Bushwalkers in the late 70s and was almost immediately recognized as a very strong walker, and became a major contributor to the club, leading and organizing many walks. He undertook many walks in the Flinders and in Tasmania and interstate. He was one of the fastest walkers around. He (and his mate, David Wattchow) was unbeatable in the club 12 hour walk, the only competitive event of the year. He won, and organized, no less than 6 of these events.

After extensive bushwalking he became a keen climber, and returned to this activity in recent times. He climbed extensively at Morialta cliffs, in the Flinders, and at Mt Arapiles in Victoria. He led at a very high standard indeed.

His next phase was mountain biking and touring. He cycled over every obscure road in the Adelaide Hills and with his good friends Trevor Moyle and David Wattchow toured throughout the Mid-North and Flinders Ranges.

He had a partnership with Jenny, and a son, Liam. He supported them, and followed them all over the world, and Australia.

He had a phenomenal memory of events, places and names. He was one of the kindest and most generous individuals to walk this earth.

He is sadly missed by all that knew him.

The Torrens Descent

Poem and photos by Mike Round.

Being a mainly factual account of an ABW canoe trip held in early March with the party consisting of Brian Slater, Tiffany Tantrum (not her real name) and the author.

The sun was low, there was no flow,
We set forth from Hackney Road.
As pirates dressed, though we had no chest
Some rum was in our load.

The banks were steep, the shadows deep
We paddled with few cares
With our merry crew, we passed the zoo
Our motto: 'We does, we dares'.

In Elder Park, Oh what a lark,
Our pirate flag stood proud.
Landlubbers stared for we had dared,
Our passage stunned the crowd.

There's Popeye, Hey! Let's board and plunder
And put them to the plank!
But no, we had a job to do
So set for the opposite bank.

A fringe event without a tent
Is what some surely thought.
But past the weir, the way's not clear
Through reeds and rocks we fought.

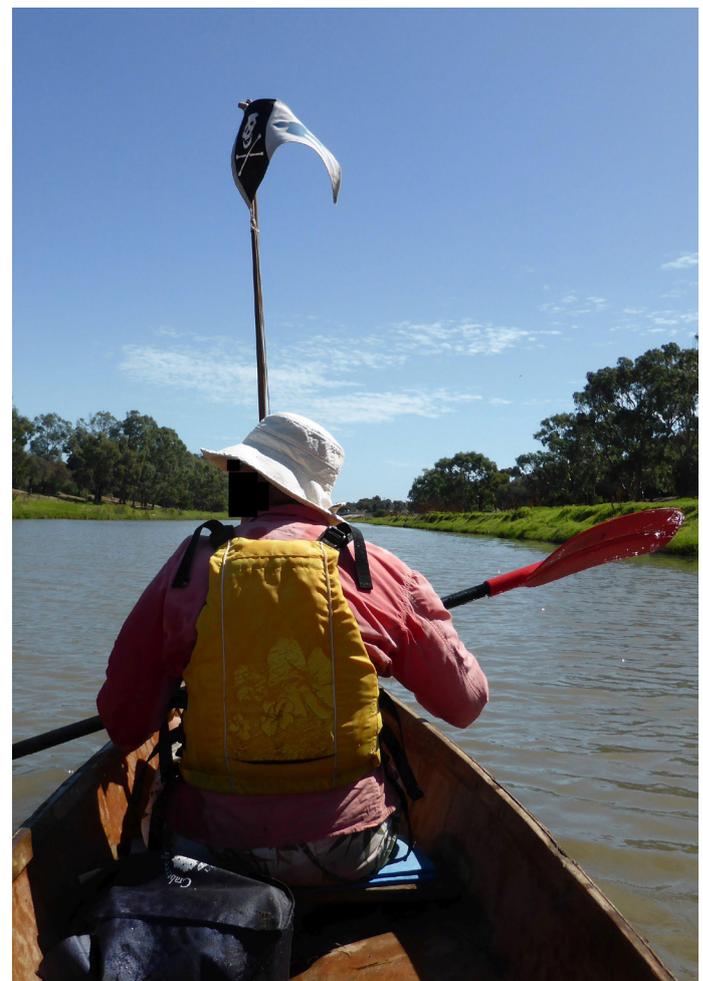
We paddled down the lower pools
The brewery we did pass
And on we go but the way is slow
This narrow stream's a farce.

The Holbrooks reach down to the beach
Its pools for perch we once plundered,
The dice were cast, Oh what a blast!
"The rum! The rum!" they thundered.

And there we were, the sea at last
Our thoughts on sailors, long since passed,
"And now me hearties for the Spanish main
It'll yield more gold than Adelaide's drain!"



We're pirates so don't mess with us!



In The Cut



The InReach can be borrowed from the club at no charge when used for club activities.

As well as the normal emergency SOS it can send SMS messages (via the Iridium satellite network) to a mobile or an email address.

To turn the inReach on/off, press and hold the Tick (power) button for 1.5 seconds.

SOS Button Lock - In an emergency, slide the SOS button lock to the left to unlock the SOS. To avoid triggering a false alarm, make sure your SOS slider is locked. Slide left to unlock and slide right until you HEAR IT CLICK to lock it! If you do not HEAR IT CLICK, then the SOS is not locked.

SOS Button - Press and hold the SOS button for three seconds to send a “distress” message to emergency response. If SOS is no longer needed, press and hold the SOS button for 5 seconds to send a “cancel SOS” message to emergency response.

Charge the inReach Explorer fully before a trip using the mini USB cable.

To use simply as a PLB the above is all that is essential, however it is advisable to send a test message (detailed below) to make sure the unit is functional.

Note: After someone has received a msg from the InReach they are then able to reply. After some period of inactivity (2 weeks maybe?) the mobile number assigned to the inReach will be discontinued, and people who have received messages will no longer be able to reply using that number.

Until a msg is received to a particular mobile any msg sent to the inReach from that mobile will not be transmitted to the inReach.



Using the inReach

You can use the inReach Explorer by itself but it is easiest if you pair it with a mobile (via Bluetooth). You can then text from your mobile and have access to your contacts.

1. Download the Earthmate app to your mobile device

Download the free Earthmate app by visiting your mobile device's app store. The Earthmate app is available from the App StoreSM and Google Play. Note: Your Android mobile device must have 2.2 or later firmware. Your Apple mobile device must have iOS 5.0 or later. Open Earthmate and enter the ABW email and password (provided when borrowing the device).

When you first open Earthmate it will ask if you want to download maps. You can ignore this or go ahead and select your target walk area and download – best if you have a wifi connection if you do this! You can download maps at any time (before your walk!).

The Earthmate dropdown Menu (from icon on top-left):

2. Pair your inReach to your mobile device

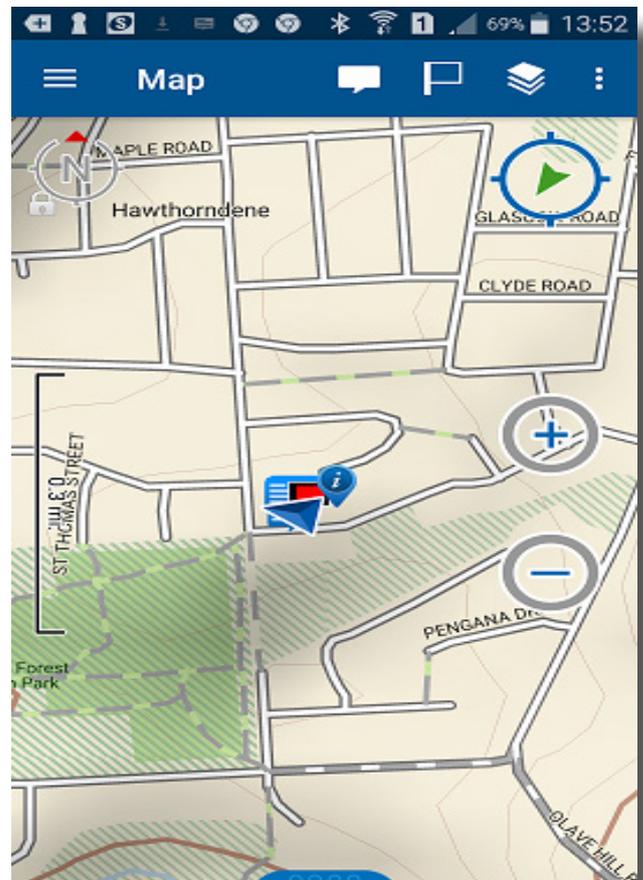
The inReach only pairs with one device at a time. So in case it is paired with a previous user's device try to unpair the inReach first: go to Settings>Bluetooth>Connected and press the 'Tick' button then select 'Forget this device'.

To pair your inReach with your mobile device, on the inReach go to Settings>Bluetooth>Pair inReach. Then follow the instructions on the screen.

On your iOS device: Go to Settings>Bluetooth and make sure it is turned on. Select the inReach Explorer from the Devices list.

On your Android device: Go to Settings>Wireless and Networks>Bluetooth Settings and make sure Bluetooth is turned on. Select Scan Devices and choose inReach Explorer from the Bluetooth Devices list.

The inReach notifies you when it has successfully paired with your mobile device. Tip: You only need to pair the devices once; from then on, the devices will communicate with each other anytime they are in range, turned on



Earthmate view of Belair

and Bluetooth is active.

Once your devices are paired and you have a data connection, enter your inReach account information into the Earthmate app Options page to sync it with the Explore website. Once you've synced your mobile device with the Explore site, all your contacts appear in the Earthmate app Contacts list and are available when creating a new message.

In case your mobile phone is unavailable or flat you are still able to send a message via the InReach to any contact added to the device itself. You will also find the names of two ABW committee members in the Contacts list on the device should it be necessary to contact someone from the club.

3. Test the inReach

Five free test messages are allowed each month.

Before leaving on a trip it is important to send a test message to make sure that there are no problems with the unit and it has an active account.

<Go outside with your mobile and inReach –



inReach navigation screen

with a clear view of the sky>
 With the Earthmate app (or direct from the inReach) send a test message to test inreach@garmin.com.

The signal LED on the inReach should flash green. That means you have a good satellite signal. The message sending indicator on the Earthmate stops spinning when the message is successfully sent.

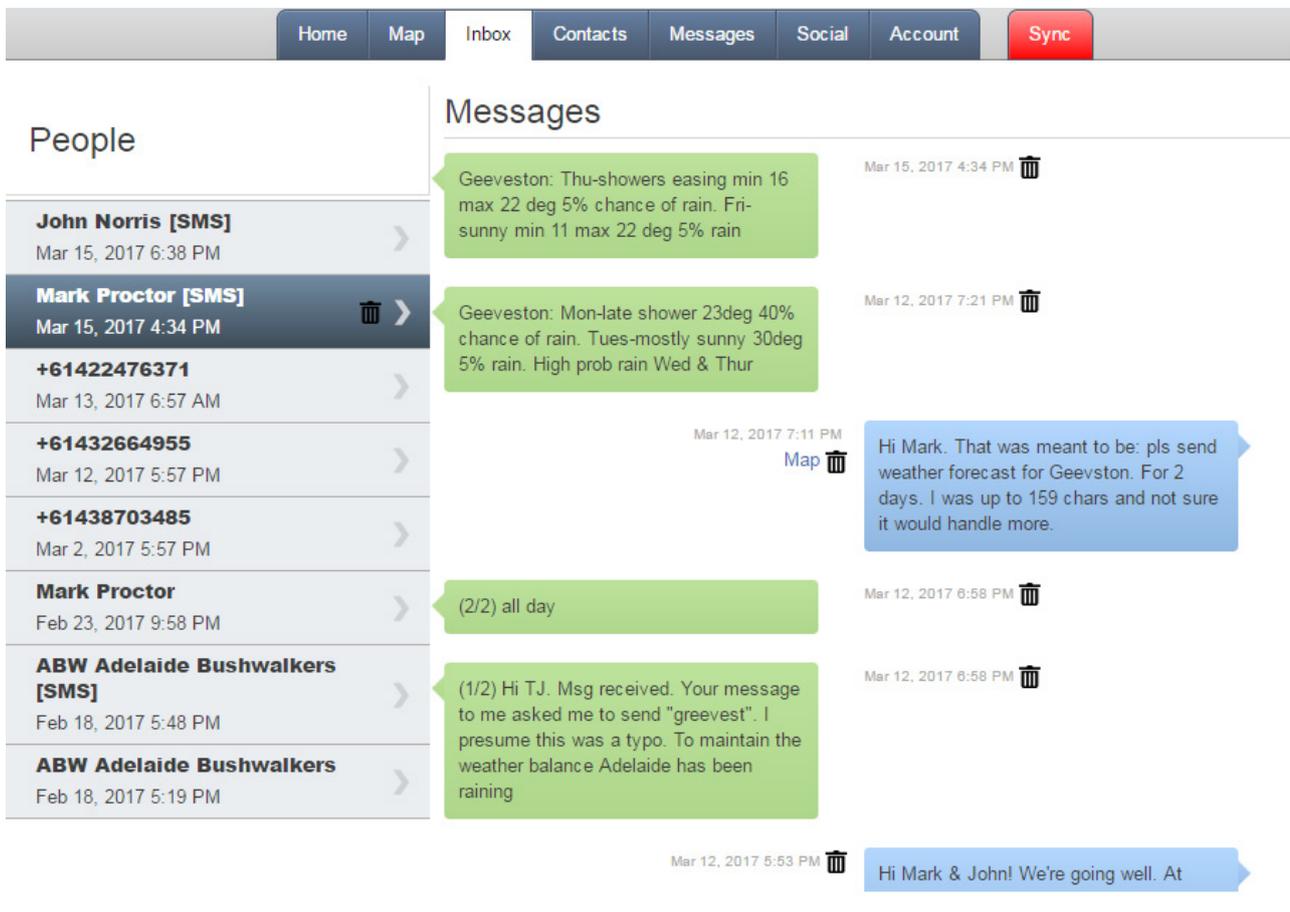
DeLorme will send an automated reply. Keep the inReach on, and stay outside until you receive the reply. The inReach listens for incoming messages every 20 minutes by default. If you need to speed up (ie nothing received in a minute or 2) select the Messages page and press Check Now.

inReach LED Light

A green or red LED light flashes to indicate there is something to review. Tip: The device waits for you to send a message or check for waiting messages before looking for a satellite connection. The LED light does not flash until there is something to review.

- A **green LED** flash indicates there is an unread message.
- A **red LED** flash indicates the inReach has an obstructed view of the sky and needs to try sending again. Your messages and track points will be stored and sent when the device has a clear view of the sky. Tip: Hold your device with the antenna pointing skyward.
- A **red LED** flash may also indicate the battery is at or below 10% of charge. Approximately 10 hours or less of tracking time remains.

This window and the one on the next page are found on the Earthmate app on your home computer



inReach Plan

Initially ABW has selected the 'Safety Plan', but this may be upgraded in the future.

This allows for:

- Unlimited SOS
- 10 text messages included (per month) - \$0.85 for any additional text messages. Text messages include free-form sent messages and received messages.
- Satellite track points: \$0.30 for each track point at 10-minute+ intervals

Note: Text messages are split each 160 characters. So sending (or receiving) a 161 char text counts as 2 messages.

Except where used for safety needs usage beyond the above will need to be reimbursed to ABW by the walk leader.

4. After your trip

At the end of your walk/activity it is a good idea (especially if you have sent personal texts) to delete from the history messages sent/received. This can be done either from the Earthmate app

or on the Garmin web interface. Also, to save confusing the next person please unpair your mobile, as detailed above.

5. inReach Device Configuration

Note: This is not required, but can be used for entering routes and waypoints if you are using Earthmate for mapping.

Setup and information on the inReach is done through a web interface at <https://inreach.garmin.com/>

ABW user name and password (supplied when borrowing) are needed to access.

Note: If changes are made (to Contacts, Preset and Quick Text Messages, Waypoints, Routes, or Social Media links) then you need to Sync to the inReach (using the mini usb cable).

If you are not pairing with your mobile (or not taking your mobile on the walk) then you will probably want to come in here to make sure you pre-enter people you may want to contact. You can also pre-enter messages to choose from – to save laboriously entering from the inReach.

ABW walks with North Adelaide Community

Summary of Arrangements

by Mark Proctor

ABW has been asked to allow a limited number of people from the North Adelaide community (NA) to join in specified ABW walks. The quid pro quo for this offer is that ABW's monthly hall rent will be reduced by 24%. It was decided that the walks for NA people would be incorporated into the Wednesday Walkers program. The ABW committee agreed and signed an MOU to this effect on 15 March 2017.

At a meeting at the North Adelaide Community Centre (NACC) on Monday 22nd July between Kellie Kulinski, NACC Co-ordinator, Mark Proctor, Vice president of ABW and John Bartlett Wednesday Walkers Coordinator, the following details were agreed:

1. North Adelaide people will be able to join two half day walks per half year on Wednesdays as casual participants.
2. These walks will be planned so the start and finish locations are accessible by public transport.
3. Established seasonal start times and weather cut-off conditions will apply.
4. Morning tea will be provided by the ABW walk leader for a cost of \$2 per head.
5. A maximum of eight North Adelaide people can join us each walk.
6. The joint ABW/NACC walks will be publicised in the quarterly NACC newsletter.
7. NA people wishing to participate in a joint walks are to advise the NACC Co-ordinator who will pass on their names to the Wednesday Walkers Coordinator or assistant (Roger Kempson) at least 7 days before the walk to help with catering.
8. ABW will not be obliged to contact the NA walkers prior to the walk - they are expected to just turn at the nominated start point.
9. For each walk, NA walkers names and contact details will be given to ABW in case there is any change to walk arrangements.
10. NA walkers joining ABW walks will

North Adelaide Community Centre



automatically be covered by ABW's Public Liability Insurance.

11. NA walkers are to complete and carry ABW In Case of Emergency (I.C.E.) forms in the same way as ABW Wednesday Walkers. ABW will forward the I.C.E. template to Kellie.
12. The initial proposed walks are:
 - a. Wednesday 13th September - East and South Parklands with the meeting point near a bus stop of the "FREE CITY CONNECTOR". John Bartlett will lead this one.
 - b. Wednesday 22nd November - Belair NP with the meeting point near Belair railway station. Looking for a leader for this one.
13. The level of fitness for NA walkers is described as "Walks up to 12km in a morning, sometimes with hill terrain on tracks, and usually at a gentle pace". In fact, combined walks will probably be less than 12km.
14. The two initial joint ABW/NA walks will be regarded as a "trial run", and time will tell if the venture is successful.

John Bartlett said at early discussions on this proposal (in December 2016), "As we are a reputable club, it would not hurt us to provide some sort of community service. It is obvious that we must make North Adelaide people welcome on the combined walks."

Three Capes Track in Tasmania

By Alex Donald



Cape Pillar and Tasman Island

It was my twentieth wedding anniversary on 26 January 2017 and my wife, Helen and I thought, what better way to celebrate than with a spectacular hike!

The new Three Capes Track (3CT) in Tasmania was an obvious choice not only because of its spectacular scenery but also because it allows for a range of fitness levels and for people who are not accustomed to hauling heavy packs over multiple days.

Tents and cooking gear is not required as high quality huts with clean and comfortable sleeping quarters and well equipped, kitchens are provided at each overnight location. Consequently, packs are lighter than you would normally expect for overnight walking. Although in my case I made up for it with some luxuries such as non-dehydrated food, plenty of chocolate and a cask of red wine.

The 3CT was the brain child of the Tasmanian Government to develop a second iconic multiday walking track to rival the famous 'Overland Track'. In a similar vein to the Overland Track, the 3CT limits the number of walkers allowed to start each day to 48 and charges a fee of \$500 per person. It is thought that the 3CT will reduce the demand on the Overland Track, protect the environment it allows walkers to experience, and at the same time generate increased tourism revenue for

Tasmania.

The 3CT at the moment is actually a 'two capes' track with only the Cape Pillar and Cape Hauy sections fully completed (about 50km of track to date). Construction activity for the 35km Cape Raoul section has now begun and is expected to be complete by end 2018.

Despite this, the truncated 3CT has proved popular with more than 11 000 people having completed the walk since it opened in November 2015, in fact Helen and I were number 11 354 and 11 355.

The track is well constructed and sign posted along its entirety, and easily walked in all weather conditions. Definitely no mud or uneven walking surfaces here.

At various points along the track there are seats suitably positioned at the top of inclines to enjoy the view. There are also numerous pieces of outdoor art work that are generally interpretive and provide an insight to the natural and cultural history of the local area.

Day 1

The walk begins at Denman's Cove and requires a boat ride from Port Arthur. The boat ride is actually a boat 'tour', where you are shown the coastline around Port Arthur, including Safety Cove and Crescent Bay. Once dropped off at Denman's cove it was a short



walk (about 4km along a pleasant bush track) to our first night's accommodation at Surveyors Hut.

At 6pm each evening the resident ranger calls a meeting for all the walkers and outlines what to expect the next day. The ranger also encourages walkers to leave comments on what they like about the huts and what could be done to improve them. This has resulted in a number of new initiatives including a solar powered hot water bucket shower, provision of yoga mats, foam rollers, board games and of course reading material.

One aspect I liked was the range of books available was identical at each hut so you could read the same book each evening, so no need to carry a book or kindle!!

Day 2

The next day was an easy 11km walk to Munro Hut. The track opened up somewhat from the coastal Eucalypt forest to reveal some magnificent coastal scenery, looking west to Cape Raoul and north to the nearby Munro Bight and Cape Hauy.

Day 3

Day 3 was the longest day of the track (about 17km). The day involved a 7km walk to the



Denmans Cove



Fortescue Bay

tip of Cape Pillar from Munro Hut carrying daypacks. The scenery along this stretch was absolutely staggering with magnificent coastal views including sea cliffs, dolerite columns and Tasman Island, just off the tip of Cape Pillar. On returning to Munro Hut, we picked up our main packs and walked a few more kilometres to Retakunna Hut, where we spent our final night of the walk.

Day 4

The last day of the walk was a 14 km walk to the tip of Cape Huay and then on to Fortescue

Bay. This day was probably the 'hardest' day, as there were some fairly significant undulations, and the climb up to Cape Huay is quite steep. Again, the coastal scenery in all directions was magnificent. The sea was calm and we spotted kayakers at the base of the sea cliffs and rock climbers scaling the 'Totem Pole' a dolerite column emerging from the sea at the tip of Cape Huay. The walk to Fortescue Bay was picturesque and a delightful spot for a swim. Bus transport from here returned us to our car at Port Arthur.



View to Cape Huay



Alex and Helen -Happy 20th wedding anniversary!

Some of the track is restricted to those walkers booked through the official 3CT booking system (Tasmanian Parks and Wildlife Service), however the key sections of the track, out to Cape Huay and Cape Pillar, are open to the general public and can easily be accessed from Fortescue Bay. Camping for non-booked overnight walkers is possible with the Wughallee designated camp site accessible from Fortescue Bay and provides a good long day walk to Cape Pillar and Cape Huay.

To sum up, the 3CT is easy with very comfortable hut accommodation and magnificent Tasmanian coastal scenery to enjoy (assuming good weather of course). I would definitely recommend the 3CT for a special occasion or to people who enjoy hiking, and also want a soft mattress and a bit of luxury at the end of the day.

The Three Capes Track website is <http://www.threecapestack.com.au/>



POSSUM PETE

By John Bartlett

Pete lived in the rainforest near a bushwalker's hut in Pine Valley which is part of Cradle Mountain Lake St Clair National Park. He was a very bright possum having been to school where he learned to read and write. Pete and all the other possums knew that bushwalkers were fair game when it came to chewing through tents and rucksacks to get at their delicious food. Pete was the local expert in this pursuit.

One summer a few years, Matthew and John and three others from the group arrived at the Pine Valley hut, took off their packs, leant them against the wall of the hut and started to have a look around before erecting their tents. To their great surprise, they saw attached to the door of the hut a notice which read as follows:

NOTICE TO ALL POSSUMS

A class is being held at sunset tomorrow tonight in the clearing by the nearby river, a short distance upstream from the hut.

I will be giving instruction on gnawing through tents

and rucksacks, and how to get into the hut through secret holes when all the walkers are tucked up in their sleeping bags for the night.

All possums have good night vision, so by attending the class, you should benefit from the instruction I will be giving, so you are all urged to come along.
Possum Pete

Matthew and John put up their tent as the hut was full, had their evening meal, and went to bed early as the day had been very tiring.

Matthew was aware of the possum menace, so he found a short length of four x two timber and put it in the tent.

After a couple of hours sleep, Matthew woke up and quickly realised there was a possum in the tent. That poor possum was given an awful whack and it went for its life, never to return that night.

Matthew and John packed up next morning, and moved on to another campsite. They wondered whether their visitor during the night was Pete, but they had their doubts as the visitor lacked certain possum burglary skills.

Footnote:

This story is based on real events in January 2002

ABW Club information

The club meets at the North Adelaide Community Centre, 176 Tynte Street, North Adelaide on the first Wednesday of each month at 7.30pm (February to November)

Annual subscription fees

Category	Normal	Student
Prospective Membership	\$60	\$30
Full Membership	\$60	\$30
Associate Membership	\$10	\$10

Family membership is no longer available for new members

Contact details

Email: gohiking@adelaidebushwalkers.org

Web: www.adelaidebushwalkers.org

Post: PO Box 434, North Adelaide, SA, 5006

Banking Details

Bank: Bank SA BSB: 105900 Account: 950 866 540 Account name: Adelaide Bushwalkers Inc.

Membership queries

Contact the Membership Secretary Tracy on 0457 339 383

or via email through gohiking@adelaidebushwalkers.org

For privacy reasons, the names and contact details of other office bearers are no longer published in the magazine. Please use the contact details above.



Beating about the bush – Mt Andre's neighbourhood

By Mike Round

Mt Andre (left) and Cocks Comb

Three of us recently spent seven days walking in a triangle of country starting from Narrina HS at the southern apex and in the north, extending west to Mt Goddard (NW of the Mt Hack range) and 16 km east to Purnuna Spring.

Besides myself, the party consisted of Greg Mullins and Rob Jung. Greg is a recently qualified full club member in his mid 70s. He formerly played for Central District until living and working in the country finally made a stronger call than league football. On both counts, he's full of stories! Rob is from the Sydney based Coast and Mountain Bushwalkers and has walked extensively in the Flinders. Rob is very inventive in designing and making bushwalking gear of his own design and came with homemade ultralight wood stove, tent and gaiters. Both Rob and Greg had homemade rucksacks of their own design.

We arrived at Narrina late on Saturday afternoon and spent the night in the shearers quarters. The station is owned by Alan Ireland and his father Jack and for about an hour, Jack kept us well entertained with stories. One tale that brought a twinkle to his eye was his recalling of the time decades ago when a sheep bunted him over a hilltop cliff and he was finally found by searchers at 2 AM with a seriously broken leg. Jack is 93 years old and proudly told us that he still does 4-5 hours of work a day.

While earlier I wrote of 'starting' from Narrina, Alan in fact very kindly drove us 32 km north across the Pound and past Main Gap. This was

a big help because we were destined to return the same way on foot and it allowed us to soon walk to Windy Creek and follow it for much of the afternoon to a campsite not far from Mocatoona Spring. Thus ended the first day in our quest to cover a fair bit of country and visit several widely scattered peaks and springs.

Early the following morning and without packs, we walked to Mocatoona Spring on the way to Mt Goddard. Rob lead the way as he'd previously established that the spring is 400 m from the position indicated on the map. It's certainly an interesting spring, flowing as it does from the base of a gum tree above a dry gully and its water collected into an old stone tank.

Mt Goddard aroused my interest some years ago when I first saw it with from Mocatoona Hill at sunset. Its slopes appeared dull red in colour and in that respect, it stood out from its surroundings. We now saw it in the light of day and it looked no different from its neighbours although it is still unusual – a wide 9 km long bumpy plateau-like structure with its high point (770 m) lying near the eastern end and about 5 km from the where its name is shown on the topo. map. On the way back to camp and out of interest, we detoured to Helling Well and I was interested to hear Greg explain how to turn the bore's blades off the wind and so shut it down. We arrived back at camp just before dark.

Apart from the frivolous pursuit of summits, an unexpected highlight of the trip for me was the



Climbing Cocks Comb - the view looking north

23 km walk on day 3 between Mocatoona and Purnuna Springs and this was followed by a day walking south to the proximity of Woolroona Spring. On both days, the walking was partly on station roads but for most of the time it was along creek beds which in places were flowing.

An aim of the trip was to collect information to contribute to the club's Northern Flinders Ranges' Springs and Water Sources Project. Rob has a scientific background is in water chemistry and has made a major contribution to the project's data base. As on previous walks in the region, he made notes on the springs and some of the waterholes we encountered and also recorded their total ion concentration. (If interested in knowing about how to clear and purify found waters on bushwalks, go to Rob's article <http://www.cmw.asn.au/articles/Water%20Collecting%20and%20Purifying.pdf>.)

The data we got on springs was a bit limited because of the fairly abundant water due to two heavy rainfalls in the area in recent months and it wasn't possible, for example, to even identify Purnuna Spring because of extensive water in the creek bed. Similar to this though still useful, was finding that Waukawoodna Gap which we detoured to, contained several large pools though it has no water in drier times despite a spring of the same name being indicated on the map. Rob did however find what appeared to be a couple of transient springs. In relation to water sources, we did manage to locate and plot the position of a water tank in a very useful location for walkers

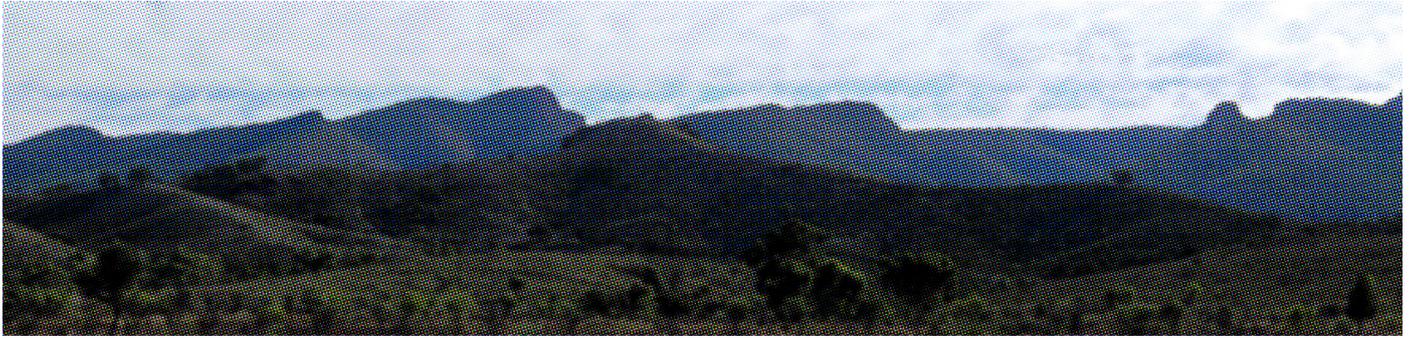
but not shown on the map. Earlier on, the tank's owner kindly offered to make the tank available for use by club members.

The following morning, we headed south into the narrowing V-shaped valley between the two northerly ranges of the Mt Andre massif and late in the morning, stopped at a suitable campsite. On the way, we failed to find Alieroona Spring, confirming the owner's view and my earlier experience that it doesn't appear to exist. If there actually is a spring, then there is a serious map error. It's a pity because a permanent spring at the location shown on the map would be extremely handy for walkers camped in the area to tackle Mt Andre from the north.

Climbing the Cocks Comb was on the afternoon's agenda but I was too hasty trying to get to high ground, so we ended up with a much longer ridgetop walk than necessary. With its rough ground and a serious decent and climb, it was clear that we had no choice but to keep up a pressing pace and this turned out to be necessary for the rest of the afternoon.

I can summarize the Cocks Comb by saying that its ridgeline is a true delight to walk along because much of the way is along 2 to 3-metre-wide smooth and scrub-free rock that tops the east-facing cliffs of its two summits. It's a marvellous peak.

The descent also came with a surprise because we unexpectedly found ourselves in a south-



draining watershed and this meant a long traverse and climb to the top of a ridge that separated us from the northern valley with our camp. That complexity in the ridgeline is apparent with close scrutiny of the map's contour lines but I think that situation may have resulted from our need to avoid cliffs. From there, the descent was further slowed by cliffs and steep and occasionally choked gullies and it was in fading light that we finally arrived back at camp. That particular escapade was the only hard walking of the trip and I think that Greg felt pleased that he elected to give it a miss.

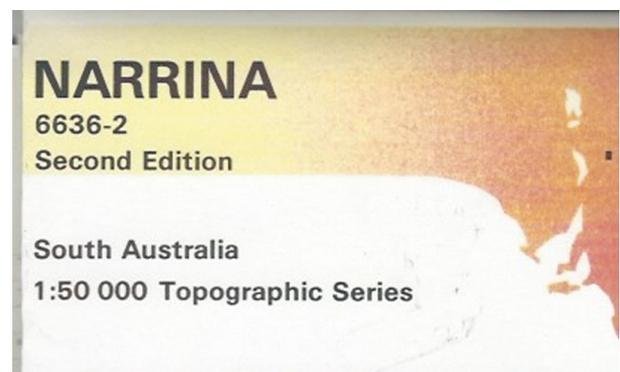
The last two days were concerned with getting back to Narrina and on the final day we followed the surprisingly flowing creeks behind the great tilted limestone wedge of Ben Lomond and its smaller copycat neighbours. Despite its visual dominance, I was never tempted to climb Ben Lomond on my two previous visits but instead, walked straight by. The walk up just looked too predictable. It turns out that it is but when we arrived at the summit, I realised that the climb is all about the view. The Pound spreads out in all directions and the horizons are mainly dominated by the encompassing quartzite ranges. It was also instructive to see the limestone band of Ben Lomond and its adjacent peaks coursing north to form the curving cuestas of Mt McFarlane. A fabulous view for such a modest climb!

We arrived back to the comparative comforts of Narrina with a generous amount of time before dark and I spent most of it lying on the bed feeling quite weary. We had a comfortable night and were glad to catch up with Alan early next morning and to thank him before setting off back to Adelaide.

Back in Adelaide I had two main thoughts. One was to wonder if Mt Andre and its neighbours rank only after the Gammons and Arkaroola-Mawson Plateau for bushwalking in the drier Flinders Ranges. The other was what a good walk it was and what great company!

Before he left for the trip, I had anticipated that we had time to visit everything of interest to me and that I had missed on earlier visits to the area but that didn't happen despite six score and four km of walking. This was surprising but in a way, I'm glad because it's a good reason to go back as, for me at least, there are two outstanding features in particular that demand future attention. One is 'The Pinnacle' and the other is the huge dark cavern at the base of the cliff on the upper north slope of Mt Andre. It may not sound like a lot to do but somehow, I think that a full week of walking will be needed. That's the thing with Mt Andre and its neighbours; you always find more to do as they never reveal all of themselves in one visit. Instead, the area seems to keep surprises in store for you.

The walk described was on five pastoral properties, namely Angepena, Pinda Springs and Narrina and to a lesser extent, Manners Well and Nantawarrina. The 1:50,000 topo. series maps needed for the walk are Angepena, Goddard, Narrina and Nepabunna.





Greg Mullins, Rob Jung and Narirna's Alan Ireland

APPENDIX: Walking on Pastoral properties.

If you are planning to walk in pastoral areas, each of the property owners must be advised of your plans. It's a legal obligation but it's also a courtesy and it gives you the opportunity to ask questions that may help your walk. An example is finding out about water sources. Another consideration is if for example, someone in the party needed rescuing, the property owner at least knows about you and may have some idea where you are.

There is also a chance that the timing of your planned trip coincides with shooters being on the property. If this is the case, then the owners have no other option than to deny you access. From this it can be seen that it is important to plan early.

The property boundaries of pastoral properties in the Flinders Ranges are given in the Commonwealth 1:100,000 topographic map series found in the Emergency Services Map Book Series on the Flinders Ranges and available from the club library.

It is important to know that none of the properties that lie varying distances each side of the bitumen road from the top of Spencer Gulf and north beyond Hawker to 8 km south of Parachilna (where the

southern boundary of Motpena Pastoral Station lies) are officially classified as Pastoral Station properties. Instead they are classified as Other Rangeland despite most of these properties still operating as pastoral concerns. Access to these properties by walkers is not automatic but requires the express permission of the owners. Owners can refuse access and without permission, walkers are trespassing and liable for prosecution. Unfortunately, not all owners are sympathetic to giving bushwalkers access and this may partly arise from bad experiences in the past.

The land now zoned Other Rangeland was previously classification as Pastoral but that status was revoked in the mid-1870s when the original leases were re-zoned for farming. This reclassification has never been reversed. Unfortunately, the regulations concerning public liability differ between these properties and those classed as Pastoral Properties and it is only a few years ago that an injured walker sued a property in the area. Fortunately, the claim was unsuccessful but it put the owners to a lot of trouble and I was told that they were advised by their law firm that the best policy was to deny walkers access. Despite this, most of these owners do allow bushwalkers onto their property.



More winning entries
from the 2016
photo competition

Springboks in Namibia
by Arthur Ward



Eagle, Oraparinna Creek, Flinders Ranges
by Mal Watt



Wombat by Sean Bryant



Caught Out
By Alex Potoczky



Boot shot selfie, Caroon Creek walk,
by Tina Jameson



Boiling hot water on an uneven rock... What
could possibly go wrong here Don?

Photo Sammi Lanyon
Mambray Creek walk, 6th may 2017
(not from the 2016 comp but perhaps 2017?)

ABW Bibbulmun Track walk report

by Lee Marling



We will devote more space for photographs from this trip report and the following one on the Great SW walk in the next issue of Tandanya

The Bibbulmun Track is one of the world's great long distance walk trails, stretching 1000km from Kalamunda in the Perth Hills, to Albany on the south coast, winding through the heart of the scenic South West of Western Australia.

Boronia in bloom

Six members spent 10 days walking on the Bibbulmun in WA this April. We caught the train from Perth to Bunbury and from there a bus to Walpole. We were then transported west of Walpole to the beginning of our walk on the Pingerup Plains. The first two days saw us walking through these swampy coastal plains where the Boronia were still in flower. The higher ridges of old dunes featured tall timber and there were occasional low eroded granite (?) outcrops. After a couple of days we reached the coast at Mandalay Beach. It is a beautiful coastline of beaches, cliffs and dunes. On the fourth day we got back into Walpole having walked through tall Karri forest as we approached the town. We enjoyed dinner again at the hotel as some pretty serious rain began falling. Leaving Walpole the next day we walked along the inlet and then slowly up hill through the tall forest to the camp on the Frankland River. A particularly beautiful spot. Over the next couple of days we headed back to the coast through the forest experiencing great walking weather. The last few days were spent walking along the wild coast of cliffs and beaches. Overall the track was very well maintained and the walkers huts and facilities were great. Thanks to Pam, David, Ben (wine and cheese again!), Andrew and Sean for making this a very enjoyable walk.



ABW Great South West Walk trip report

by Lee Marling



View from Rame Head

Ten of us walked a seven day loop in the Discovery Bay Coastal Park and Lower Glenelg National Park in the third week of February this year.



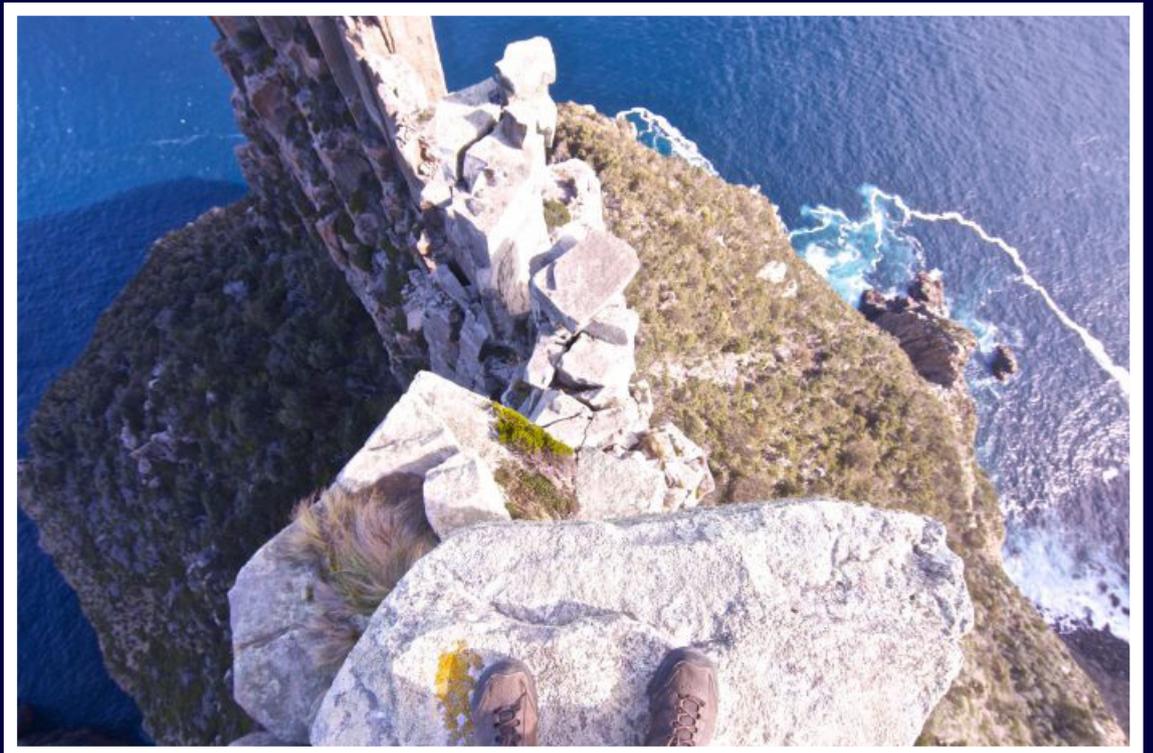
We started out from Nelson on the Saturday morning with a five kilometre walk along the Glenelg River and roads to Discovery Bay. It drizzled and then rained so we were pretty wet by the time we got to Ocean Beach. Fortunately the rain abated over the following few hours and the stiff wind dried us out by lunch time. Our first night was at Lake Monibeong camp, we had covered 24 km altogether so Ben's wine stash was very welcome. The next day saw more coastal and dune walking as we headed for Swan Lake where some of us had a swim. Overall a beautiful wild coast to walk along but unfortunately heavily littered by plastic rubbish that had floated ashore.

We spent the next three days walking through the Cobboboonee Forest and National Park and had the trail to ourselves most of the time. It was great having John identifying birds and their calls as we walked along. Throughout the walk we stayed at the designated camp grounds where there was a sheltered table and pit toilet.

We then headed to the Glenelg River at Moleside which was a beautiful spot with a lot of bird life. Our last full day on the trail followed the Glenelg River west to Battersbys Camp in dense forest with great views of the river.

Thanks to Pam, David, Lindy, Trevor, Ben (for all the wine and cheese!), John, Nino, Jess and Alex for coming along and making it an enjoyable walk. Congratulations to Jess who qualified on this walk!





Tassie by Ben Trainer